



An ultrasonic method to measure stress without calibration: The angled shear wave method

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ABSTRACT:

Measuring stress levels in loaded structures is crucial to assess and monitor structure health and to predict the length of remaining structural life. Many ultrasonic methods are able to accurately predict in-plane stresses inside a controlled laboratory environment but struggle to be robust outside, in a real-world setting. That is because these methods rely either on knowing beforehand the material constants (which are difficult to acquire) or require significant calibration for each specimen. This paper presents an ultrasonic method to evaluate the in-plane stress *in situ* directly, without knowing any material constants. The method is simple in principle, as it only requires measuring the speed of two angled shear waves. It is based on a formula that is exact for incompressible solids, such as soft gels or tissues, and is approximately true for compressible "hard" solids, such as steel and other metals. The formula is validated by finite element simulations, showing that it displays excellent accuracy, with a small error on the order of 1%.

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I. BACKGROUND: THE NEED TO MONITOR STRESS

Railroad rails in the real world can degrade greatly because of high levels of built-up mechanical stresses. During cold winter nights, steel rails contract, and the resulting tensile stress then promotes fatigue cracks. On hot summer days, rails expand, and the resulting compressive stress can trigger catastrophic buckling.

Rail steel is one of many examples where stress variations and/or high stresses lead to wear and failure. Other examples include stress in steel pipes, pressure vessels, and common machine components such as bearing raceways. Accurately evaluating the stress within steel plates and bars would substantially improve our estimates on structure life and help us to efficiently schedule maintenance and improve safety. Figure 1 shows two examples of steel structures that have failed due to a build-up of compressive stress: the left shows a buckled steel column and the right a buckled track. Other than buckling, stress also causes material fatigue and crack growth.

Stress measurement methods based on ultrasonic elastic wave propagation have long been used as they are relatively cheap, safe, quick, and non-destructive. The basic setup is shown in Fig. 2. In this work, we focus on plates made of a hard, initially isotropic, solid, like a steel rail web. The methods to measure stress with ultrasonic waves in other scenarios, such as strands and cables, and cables

One of the simplest methods to measure stress, in a scenario similar to Fig. 2, is called *ultrasonic birefringence*.

It requires measuring the speed of two shear waves travelling directly across the plate. Then, using the coordinate system shown in Fig. 2, assuming only a uni-axial stress σ_1 along x_1 , we find that $^{10-15}$

$$\rho(v_{21}^2 - v_{23}^2) = \left(1 + \frac{n}{4\mu}\right)\sigma_1 \quad \text{(birefringence identity)},$$
(1)

where v_{21} (v_{23} , respectively) is the speed of a shear wave propagating in the x_2 direction and polarised in the x_1 direction (x_3 direction, respectively), and ρ is the current mass density.

Although these two wave speeds are quite easy to measure, the accuracy of the resulting measurement of σ_1 is governed by the accuracy of the term in brackets on the right-hand side, called the birefringence constant, which involves μ , a second-order Lamé elastic constant, and n, a third-order Murnaghan elastic constant. Birefringence constants are very difficult to measure in situ and instead are measured in the lab, often on pristine steel samples, which obviously can be very different from their in-service and worn counterparts (for instance, these constants change with temperature and wear). 16 In addition, whereas the mass density ρ and the second-order constants λ , μ can be measured quite consistently from one steel sample to another, the measurements of the third-order constants vary widely, as can be checked in Table I. Even with a perfect measurement of the shear wave speeds, we can expect this variation in the constants to lead to an error of 40%, as shown in Fig. 3, where the birefringence constant of ten samples of steel is reported.

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FIG. 1. (Color online) Examples of failure due to compressive stresses. On the left: A steel column that has buckled (in the lab) due to applied compressive stresses (Ref. 6). On the right: a rail track that has buckled due to compressive stress following an earthquake (Ref. 7).

Another notable ultrasonic method that use changes in ultrasonic speeds to measure stress below the material surface is the "longitudinal critically refracted method." It is mostly used for plates, as its penetration depth is limited to one wavelength. There are further alternative methods for measuring stress along the surface of the material, including using Rayleigh or Lamb waves. These usually require specific surface conditions and often require that the surface of the material be the same as the bulk. Similar to birefringence, these methods require prior knowledge of the material constants or significant calibration. Designing a method to measure stress, without knowing the third-order constants, has long been a goal worthy of investigation and applications. ¹⁹

In this paper, we propose a method to measure stress directly based on the following approximate identity,

$$\rho_0 \frac{v_1^2 - v_2^2}{\cos(2\theta_1)} = \sigma_1 - \sigma_2, \quad \text{when} \quad \theta_1 \pm \theta_2 = 90^{\circ}$$

$$(\text{angled shear} - \text{wave identity}), \tag{2}$$

where ρ_0 is the mass density before applying stress, σ_2 is the stress in the x_2 direction, and v_1 , v_2 are the speeds of the quasishear waves polarised in the (x_1, x_2) plane and traveling in the directions along $(\cos\theta_1, \sin\theta_1, 0)$ and $(\cos\theta_2, \sin\theta_2, 0)$, respectively. Figure 2 shows examples of these angled shear waves.

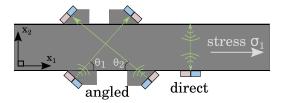


FIG. 2. (Color online) To measure the uni-axial stress σ_1 , we can send two ultrasonic waves either directly across the steel plate or at an angle. In the former method (birefringence), we need an *a priori* knowledge of the elastic constants to deduce the stress; by contrast, the angled method (this paper) gives instant access to the stress.

TABLE I. Material parameters for several samples of steel. The density ρ_0 is in kg/m³, and the elastic constants are in GPa (λ , μ : second-order Lamé constants; l, m, n: third-order Murnaghan constants).

	$ ho_0$	λ	μ	l	m	n
Rail steel 1 (Ref. 44)	7800	115.8	79.9	-248	-623	-714
Rail steel 2 (Ref. 45)	7777	112.9	80.8	-88.9	-591.6	-903.8
Nickel steel (Ref. 46)		909	78.0	-46	-590	-730
Nickel steel (Ref. 47)		109.0	81.7	-56	-671	-785
Hecla 37 carbon steel (Ref. 48)	7823	111	82.1	-461	-636	-708
Hecla 17 carbon steel (Ref. 48)	7825	110.5	82.0	-328	-595	-668
Hecla 138 A steel (Ref. 48)	7843	109	81.9	-426.5	-619	-708
REX 535 nickel steel (Ref. 48)	7065	109	81.8	-327.5	-578	-676

Note that the identity above requires no prior knowledge of the material's elastic constants, and, as we shall see, it is accurate for a wide range of stresses in steel, with an error typically around 1%. It gives direct access to the stress difference $\sigma_1 - \sigma_2$ or, in the case of uni-axial stress $(\sigma_2 = \sigma_3 = 0)$, to the stress σ_1 .

II. MODELLING: THE ANGLED SHEAR-WAVE IDENTITY

A. Exact formula for incompressible solids

The problem of a small-amplitude body shear wave travelling in a homogeneously stressed, initially isotropic, *incompressible* solid is quite straightforward to solve (note that here we refer to the notion of incompressibility as it is defined in continuum mechanics, that is, solids that may deform but always retain their volume, such as rubbers, gels, or biological tissues).

Consider such a solid, subject to a static uniform Cauchy stress σ . Call (x_1, x_2, x_3) the axes along the principal directions of stress, σ_1 , σ_2 , σ_3 the corresponding principal stresses, and λ_1 , λ_2 , λ_3 the principal stretch ratios, which occur along those directions. Then consider wave propagation in the (x_1, x_2) principal plane, along $\mathbf{n} = (\cos \theta, \sin \theta, 0)$, say.

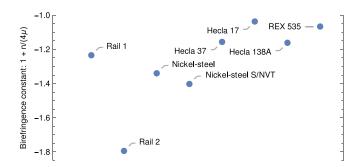


FIG. 3. (Color online) Range of values for the birefringence constant of eight samples of steel. Note that the constants were all measured in highly controlled laboratory environments. Depending on the type of steel, this constant varies between 10% (nickel steel) and 40% (rail steel). The references and values of the constants are given in Table I.

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Because of incompressibility, only pure shear waves can propagate: one (out-of-plane) pure shear wave polarised along x_3 and another (in-plane) pure shear wave polarised along $(-\sin \theta, \cos \theta, 0)$ and travelling with speed v given by 20,21

$$\rho_0 v^2 = \alpha \cos^4 \theta + \delta \cos^2 \theta \sin^2 \theta + \gamma \sin^4 \theta. \tag{3}$$

Here ρ_0 is the (constant) mass density of the solid, δ is a complicated function of the derivatives of the strain energy density W and the stretch ratios (but it is not needed), and

$$\alpha = \frac{\sigma_1 - \sigma_2}{\lambda_1^2 - \lambda_2^2} \lambda_1^2, \quad \gamma = \frac{\sigma_1 - \sigma_2}{\lambda_1^2 - \lambda_2^2} \lambda_2^2. \tag{4}$$

Then use Eq. (3) to compute in turn the squared wave speeds v_1^2 and v_2^2 of the waves travelling in the $\theta_1 = \theta$ and in the $\theta_2 = \pi/2$ $-\theta$ directions, respectively. Then, by subtraction, the δ term disappears, and we are left with the following *exact formula*:

$$\rho_0(v_1^2 - v_2^2) = (\sigma_1 - \sigma_2)\cos 2\theta. \tag{5}$$

Note that this formula is independent of W and gives direct access to the stress difference $\sigma_1 - \sigma_2$ once the speeds and the mass density are measured. It is valid irrespective of the magnitude of the strains and stresses and can prove useful

for precise stress assessment in soft, isotropic, incompressible matter, such as gels^{22,23} or some biological tissues.^{24,25}

B. Approximate formula for compressible solids

The exact formula (5) does not translate exactly to a stressed *compressible* solid—such as steel—for two reasons. First, because the mass density now changes with the stresses. The second reason is more subtle, but nonetheless known:²⁶ the in-plane shear wave is no longer a pure shear wave, but instead is a *quasi-shear wave*. In fact, there are now two in-plane body waves travelling in the *n* direction: the quasi-shear wave and a quasi-longitudinal wave.

To find their characteristics, we write down and solve the equations governing small-amplitude motion in a homogeneous solid subject to a uniform stress, ^{27,28}

$$\rho \frac{\partial^2 u_j}{\partial t^2} = \mathcal{A}_{0ijkl} \frac{\partial^2 u_l}{\partial x_k \partial x_i},\tag{6}$$

where u = u(x,t) is the mechanical displacement, and the A_{0iikl} are the so-called *instantaneous elastic moduli*.²⁹

Looking for in-plane quasi-shear waves of the form $\mathbf{u} = (U_1, U_2, 0)e^{\mathrm{i}k(x_1\cos\theta + x_2\sin\theta - vt)}$, where k is the wave number, the equation of motion (6) becomes

$$\mathbf{M} \begin{bmatrix} U_1 \\ U_2 \end{bmatrix} = 0 \quad \text{with} \quad \mathbf{M} = \begin{bmatrix} \mathcal{A}_{01111} \cos \theta^2 + \mathcal{A}_{02121} \sin \theta^2 - \rho v^2 & (\mathcal{A}_{01122} + \mathcal{A}_{01221}) \cos \theta \sin \theta \\ (\mathcal{A}_{01122} + \mathcal{A}_{01221}) \cos \theta \sin \theta & \mathcal{A}_{01212} \cos \theta^2 + \mathcal{A}_{02222} \sin \theta^2 - \rho v^2 \end{bmatrix}.$$
(7)

We then find the wave speeds by solving

$$\det \mathbf{M} = 0, \tag{8}$$

which is a bi-quadratic in v^2 .

The instantaneous moduli depend on the stresses σ_i and on the elastic constants and can be calculated in a straightforward (albeit long-winded) manner; see details in the Appendix. Because steel can only sustain infinitesimal strains in the elastic regime, we adopt the so-called *third-order elasticity* model for its strain-energy density.

As seen in the Appendix, the moduli can be computed explicitly at the level of approximation afforded by third-order elasticity, as

$$\mathcal{A}_{01111} = \lambda + 2\mu + (2c + 2d + 1)\sigma_1 + (a + 2b)(\sigma_1 + \sigma_2),$$

$$\mathcal{A}_{02222} = \lambda + 2\mu + (2c + 2d + 1)\sigma_2 + (a + 2b)(\sigma_1 + \sigma_2),$$

$$\mathcal{A}_{01221} = \mu + \frac{1}{2}(2b + d)(\sigma_1 + \sigma_2),$$

$$\mathcal{A}_{01122} = \lambda + (a + c)(\sigma_1 + \sigma_2),$$

$$\mathcal{A}_{02121} = \mathcal{A}_{01221} + \sigma_2,$$

$$\mathcal{A}_{01212} = \mathcal{A}_{01221} + \sigma_1$$
(9)

where the non-dimensional coefficients a, b, c, d are defined in the Appendix (they are constants of order 1, varying in value from -3.6 to +0.7 for rail steel; see Table II). A further justification for using the form of Eq. (9) is that there is significant evidence³⁰ that for steel, the moduli have a linear dependence on the Cauchy stress, even beyond small levels of stress.

Staying within the same level of approximation, we may now solve Eq. (8) for v^2 , choose the solution corresponding to a quasi-shear wave, and then expand the result. We obtain

$$\rho v^2 = \mu + (b + d/2)(\sigma_1 + \sigma_2) + \sigma_1 \cos^2 \theta + \sigma_2 \sin^2 \theta.$$
 (10)

Having found the wave speed, we may return to Eq. (7) and determine the direction of polarisation. Instead of being

TABLE II. λ and μ are reported in GPa; a,b,c, and d are non-dimensional constants.

	λ	μ	а	b	С	d
Rail steel 1 (Ref. 44) Rail steel 2 (Ref. 45)						

along the $\pi/2 + \theta$ direction, as it would be for a pure shear wave, it is along the $\pi/2 + \theta + \theta^*$ direction for the quasi-shear wave, where θ^* is the offset. Hence, calling U_0 the amplitude of the wave, we have $[U_1, U_2] = U_0[-\sin(\theta + \theta^*), \cos(\theta + \theta^*)]$. Substituting into the first line of the homogeneous system (7), we conclude that $\tan(\theta + \theta^*) = M_{12}/M_{11}$, or

$$\tan\left(\theta + \theta^{\star}\right) = \left[1 - \frac{c+d}{\lambda + \mu}(\sigma_1 - \sigma_2)\right] \tan\theta. \tag{11}$$

Now we go back to Eq. (10), the equation giving the wave speed. Calling v_1 and v_2 the speeds of the waves travelling in the $\theta_1 = \theta$ and $\theta_2 = \pi/2 - \theta$ directions, respectively, and subtracting the corresponding equation (10), we obtain

$$\rho(v_1^2 - v_2^2) = (\sigma_1 - \sigma_2)\cos(2\theta). \tag{12}$$

Finally, we recall that the current mass density ρ , which is usually not known, can be related to ρ_0 , the initial mass density (measured before applying stress). From Eq. (A3) in the Appendix, we see that, within the context of third-order elasticity, Eq. (12) is equivalent to Eq. (2), at the same order of approximation.

Note that using Eq. (10) to compute the difference of the squared wave speeds of any two shear waves travelling in different directions would also produce a formula giving direct access to the stress without involving the material constants.

C. Wave direction and polarisation

Practically, there are a number of ways to generate the angled shear waves travelling in the θ_1 and θ_2 directions. For example, we could apply a shear force on the boundary of a wedge with inclination θ , as shown in Fig. 2. However, because they are quasi-shear waves, their direction of propagation is not exactly orthogonal to their polarisation, which is to say it is not exactly orthogonal to the wedge face.

In Sec. II B, we saw that the quasi-shear wave propagating in the θ direction is polarised in the $\pi/2 + \theta + \theta^*$ direction. It follows that the quasi-shear wave polarised in the $\pi/2 + \theta$ direction (launched by a wedge with inclination θ) is propagating in the $\theta - \theta^*$ direction, where θ^* is computed from Eq. (11). Calling v_1 the speed of the wave in the $\theta_1 = \theta + \theta^*$ direction and v_2 that of the wave in the $\theta_2 = \pi/2 - \theta_1$ direction, we find again that $\rho_0(v_1^2 - v_2^2) = (\sigma_1 - \sigma_2) \cos{(2\theta)}$, because the correction due to the offset is of higher order and negligible in third-order elasticity. Hence, we conclude that the perturbation in the propagation direction due to the quasi-shear wave character of the wave does not affect the prediction of the stress based on Eq. (5).

This result is useful, for example, when using finite element (FE) software to conduct a virtual experiment, where it is easier to specify the polarisation than the wave direction.

D. Sensitivity to wedge angle errors

To use the angled shear wave identity (2) and measure the stress robustly, we need to determine how sensitive it is to experimental errors, including those coming from misaligned wedges, imprecise wave speeds, and varying stress levels, among others. After investigating a number of scenarios, we found that the largest source of imprecision comes from errors in the direction of propagation, such as those arising in the case of misaligned wedges.

Assume one of the angled shear waves has a slight error in its direction of propagation, so that instead of travelling in the θ_1 direction, it is travelling in the $\theta_1 + \delta\theta_1$ direction. Call v_1 its speed and v_2 the speed of the shear wave propagating at the angle $\theta_2 = \pi/2 - \theta_1$. Then by perturbation of Eq. (10), we find that the difference between the squared wave speeds is given by

$$\rho(v_1^2 - v_2^2) = (\sigma_1 - \sigma_2)[\cos(2\theta_1) - \delta\theta_1\sin(2\theta_1)]. \tag{13}$$

From this equation, we deduce that the relative error in the predicted stress is equal to $\delta\theta_1 \tan{(2\theta_1)}$, which we evaluate for various directions θ_1 in Fig. 4. We find that it is small when the precision of the angle θ_1 is on the order of 1° and θ_1 is close to 35°.

In Sec. III, we validate the identity (2) further by conducting FE simulations.

III. FE SIMULATIONS

To validate the method, we use FE analysis (Abaqus 6.13, Dassault Systèmes) to conduct computer simulations. We built a plane strain model and created a user-subroutine *UHYPER* to implement a third-order elastic model, such as Eq. (A2). An illustration of the FE simulation is shown in Fig. 5(a).

For the material parameters, we choose the values for the sample "rail steel 1" in Table I. We then apply a uniaxial stress along the horizontal direction accompanied by some out-of-plane strain. By prescribing the out-of-plane strain, we can achieve different stress levels and keep the

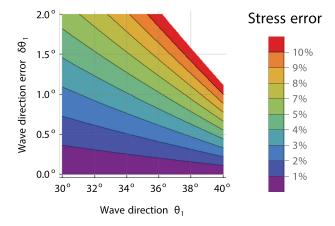
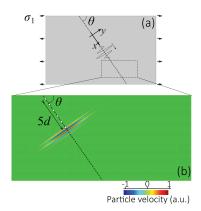


FIG. 4. (Color online) Relative error in the predicted stress $\sigma_1 - \sigma_2$ due to an error in the direction of propagation $(\delta\theta_1)$ of one of the shear waves. For example, when one of the waves travels in the direction $\theta_1 = 34^\circ \pm \delta\theta_1$ (while the other wave travels in the direction $\theta_2 = 56.0^\circ$), we expect a 4% error in predicting the stress when $\delta\theta_1 \simeq 1^\circ$ and a 7% error in predicting the stress when $\delta\theta_1 \simeq 1.5^\circ$.

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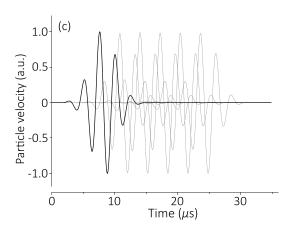


FIG. 5. (Color online) FE simulation of the quasi-shear wave propagation. (a) Schematic of the FE model. The stress is determined by σ_1 and the out-of-plane strain. The wave is induced by a body force defined in the local coordinate systems. (b) Snapshot of the shear wave propagation. Six points at equal distance d are used to measure the wave speed. (c) Time profiles of the particle velocities at these points shown in (b).

displacement induced by shear wave motion at zero in this direction. The top and bottom surfaces are stress free.

To describe our setup, let us introduce a local coordinate system (x, y) as shown in Fig. 5(a), where the x axis is oriented at a θ angle from the horizontal. To imitate a real experiment,³¹ we generate shear waves by applying an impulse force in the y direction, which would be like applying a shearing force to the face of the wedges shown in Fig. 2. We expect this impulse to generate a quasi-shear wave polarised in the y direction and propagating in a direction that is not exactly along x. We will, however, assume that the quasi-shear wave does approximately propagate in the x direction. As discussed in Sec. IIC, we expect this assumption to introduce a very small error. In a real experiment, assuming that the quasi-shear wave propagates in the x direction would simplify the experimental setup. So the success of these FE simulations gives confidence that this experimental setup would successfully predict the stress.

The impulse we use is a body force F(x, y; t) defined by

$$F(x, y; t) = F_0 e^{-\left(\frac{x^2}{a^2} + \frac{y^2}{b^2}\right)} e^{-\frac{(t - t_0)^2}{\tau^2}} \sin(2\pi f t), \tag{14}$$

with $F_0 = 0.1 \text{ N/mm}^3$, a = 1 mm, b = 60 mm, $t_0 = 6.25 \mu \text{s}$, $\tau = 2.83 \mu \text{s}$, and f = 0.4 MHz. We point out that we choose to use a rather low frequency f for convenience. We checked that taking higher frequencies leads to the same results, but they are much more time-consuming to simulate. The mesh size is approximately 1/15 of the shear wavelength to ensure the convergence of the simulation.

We use six points spaced with equal distance d along the x axis, as shown in Fig. 5(b), to measure the shear wave speed. Here d denotes the distance in the stressed configuration, which is approximately equal to 10 mm in the initial configuration. In Fig. 5(c), we plot the time profiles of the particle velocities at these six points. The phase differences between every two adjacent points were measured in the Fourier domain. We then calculate the shear wave speed v from the averaged phase difference $\Delta \phi$ by 32

$$v = \frac{2\pi f d}{\Delta \phi} \,. \tag{15}$$

In Sec. III A, we use our FE model to investigate which angle θ leads the most accurate prediction of the stress,

when using our identity (2). We then validate our predictions over a wider range of stress in Sec. III B.

A. Sensitivity to wedge angle

Here we study how the angle of propagation θ influences the stress predicted by the identity (2) when using the wave speeds v simulated by our FE model. For this section, we take the uni-axial stress as $\sigma_1 = 300 \, \text{MPa}$ and no out-of-plane strain: $\lambda_3 = 1$.

As we can see in Fig. 6(a), the shear wave speed v decreases with θ . The wave speeds corresponding to $\theta_1 = \theta < 45^{\circ}$ and $\theta_2 = 90^{\circ} - \theta$ are v_1 and v_2 in the identity (2), which then yield the stress σ_1 , as shown in Fig. 6(b). For the four different cases $\theta = 27^{\circ}$, 32.14° , 35° , and 40° , the stress identified by Eq. (2) agrees well with the stress σ_1 used in the FE model, with a very small difference (< 1%).

B. Sensitivity to stress levels

We now fix the angle shown in Fig. 5 by choosing $\theta_1=35^\circ, \theta_2=55^\circ$ and study the accuracy of the angled shear wave identity (2) for different stress levels. The stress levels we investigate are $\sigma_1=100$ –1500 MPa, which cover all possible stress levels in rail, as standard rail has a maximum tensile strength between 700 and 1100 MPa. 33,34

As shown in Fig. 7, we find that the predicted stresses agree well with the stresses actually applied, with a relative error less than 1.5% and an error less than 1% when below the maximum tensile strength 1100 MPa.

One difference between the FE model and the identity (2) is that our FE model imposes an out-of-plane stress σ_3 , whereas Eq. (2) has zero out-of-plane stress. To confirm that this difference has no impact on our predictions, we conduct a FE simulation with plane-stress (PS) and then another simulation under plane-strain (PE).

To achieve PS, we adapt the stretch ratio λ_3 so we can maintain $\sigma_3 = 0$ when applying a uni-axial stress. To achieve PE, we fix $\lambda_3 = 1.0$ and allow σ_3 to change. Figure 8(a) shows the stress along the horizontal σ_1 against the wave speeds v_1 and v_2 . The wave speeds obtained from the PS model are (slightly) smaller than those obtained from the PE model, and this difference is significant when it comes to predicting the stress. However, when using these wave

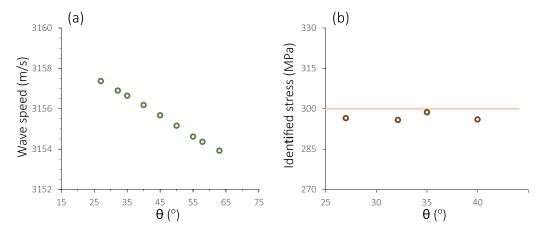


FIG. 6. (Color online) Shear wave speed obtained by the FE simulation and the stress predicted by Eq. (2). (a) shows the how the wave speed depends on the angle θ . (b) shows the stress predicted by using the FE results fed into Eq. (2). The horizontal line denotes the value of σ_1 actually applied to the FE model.

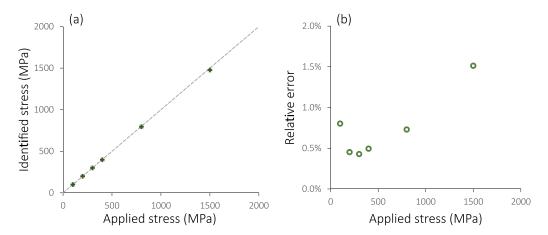


FIG. 7. (Color online) Comparison between the stress applied in the FE simulation and the stress identified by the identity (2). Here the wedge angles, as shown in Fig. 5, for the two waves are $\theta_1 = 35^{\circ}$, $\theta_2 = 55^{\circ}$. (a) Applied stress vs predicted stress. (b) The relative error of the predicted stress. Note that the maximum tensile strength of standard rail steel is $1100 \, \text{MPa}$.

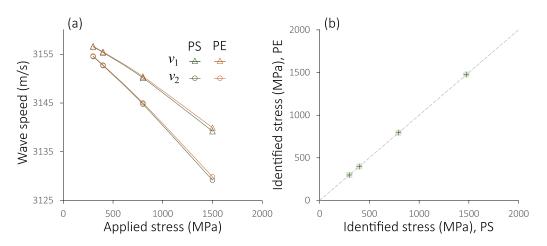


FIG. 8. (Color online) Comparison between PS and PE simulations when the waves travel along $\theta_1=35^\circ$ and $\theta_2=55^\circ$. (a) The speeds v_1 and v_2 vs the applied stress σ_1 . (b) Comparison of the identified stress obtained from the plane stress and plane strain simulations.

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speeds to predict the stress with Eq. (2) [see Fig. 8(b)], we find that both the PS and PE models predict the same levels of stress. This indicates that the identity (2) is in practice independent from a small amount of out-of-plane stress, which we then confirmed analytically. This independence is highly convenient, because in practice the deformation state may neither be PS nor PE.

IV. DISCUSSION

One significant drawback of most ultrasonic methods to measure stress is that they need significant calibration for each specimen. This requires either prior knowledge of the material constants or complicated measurement systems.

In this paper, we propose a solution to these issues by introducing a method that can be used to measure in-plane stress without any calibration. The method requires two angled shear wave speed measurements. At its heart is a formula that is exact for incompressible solids and applies to compressible solids within the context of initially isotropic third-order elasticity.

The main advantage of our proposed method is that it does not require prior knowledge of the material constants. One challenge in using this method includes fabricating wedges with a precisely chosen inclination: an error of 1% in the inclination typically results in an error of 4% when predicting the stress (see Fig. 4). Other aspects that still need investigation include how errors in measuring the wave speeds result in errors in predicting the stress, though this will depend on the specific experimental realisation. Another issue that needs to be considered is how texture anisotropy affects the predictions of this method. 19,35

We validated the method against FE simulations and found its precision to be excellent and the predictions to be robust in terms of out-of-plane stress. It remains to be demonstrated whether this new method is able to accurately predict stresses in the lab and on the ground.

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APPENDIX: THE INSTANTANEOUS ELASTIC MODULI

The theory and practice of *acousto-elasticity* has a long and distinguished history. Classic works on the topic include contributions by Brillouin,³⁶ Hughes and Kelly,³⁷ Toupin and Bernstein, ¹⁰ Hayes and Rivlin,³⁸ Thurston,³⁹ and Biot.⁴⁰ Later, Ogden²⁹ formalised its equations in a compact and elegant manner within the framework of exact non-linear elasticity. Hence, they obtained the following expressions for the instantaneous elastic moduli in Eq. (7):

$$\mathcal{A}_{01111} = \lambda_1 \frac{\partial \sigma_1}{\partial \lambda_1}, \quad \mathcal{A}_{02222} = \lambda_2 \frac{\partial \sigma_2}{\partial \lambda_2},
\mathcal{A}_{01122} = \lambda_2 \frac{\partial \sigma_1}{\partial \lambda_1} + \sigma_1, \quad \mathcal{A}_{01212} = \frac{\sigma_1 - \sigma_2}{\lambda_1^2 - \lambda_2^2} \lambda_1^2,
\mathcal{A}_{02121} = \frac{\sigma_1 - \sigma_2}{\lambda_1^2 - \lambda_2^2} \lambda_2^2, \quad \mathcal{A}_{01221} = \frac{\sigma_1 \lambda_2^2 - \sigma_2 \lambda_1^2}{\lambda_1^2 - \lambda_2^2}.$$
(A1)

Now to make progress, we must specify the strain energy density W so that we can compute the Cauchy stress components $\sigma_i = \lambda_i \partial W / \partial \lambda_i$ (i = 1, 2, 3, no sum) and their derivatives with respect to the stretch ratios.

As we are focusing on steel, which deforms very little elastically, it is sufficient to use the general strain energy of third-order weakly nonlinear elasticity. We take it in its Murnaghan⁴¹ form,

$$W = \frac{1}{2}(\lambda + 2\mu)I_1^2 - 2\mu I_2 + \frac{1}{3}(l + 2m)I_1^3 - 2mI_1I_2 + nI_3,$$
(A2)

where λ , μ are the Lamé constants, l, m, n are the Murnaghan constants, and I_1, I_2, I_3 are the first three principal invariants of the Green–Lagrange strain tensor E. We align the coordinate axis so that E is diagonal in the (x_1, x_2, x_3) coordinate system, with components $E_i = (\lambda_i^2 - 1)/2$ (i = 1, 2, 3).

The current mass density ρ , which is usually not known, is related to ρ_0 , the initial mass density (measured before applying stress) through³⁷

$$\rho = \rho_0/(1 + 2I_1 + 4I_2 + 8I_3). \tag{A3}$$

Another commonly used form is the Landau strain energy that uses the (third-order) Landau constants A, B, C. They are connected to the Murnaghan constants m, n, l through

$$l = B + C, \quad m = \frac{A}{2} + B, \quad n = A.$$
 (A4)

Then the stress components and, eventually, the instantaneous moduli are straightforward to compute with a computer algebra system.

By assuming small strains, the instantaneous moduli for third-order elastic materials can be written explicitly in terms of the stresses (see Gower *et al.*⁴² and Tanuma and Man⁴³), resulting in Eq. (9), where the non-dimensional coefficients a, b, c, d are defined in terms of Murnaghan constants as

$$a = \frac{2l\mu - \lambda^2 + (n - 2m - \lambda)(\lambda + \mu)}{\mu(3\lambda + 2\mu)},$$

$$c = \frac{2\lambda + 2m - n}{2\mu},$$
(A5)

$$b = -\frac{\lambda n + \mu(4\lambda + 2\mu - 2m + n)}{2\mu(3\lambda + 2\mu)}, \ d = 2 + \frac{n}{2\mu}.$$
 (A6)

For Eq. (9) to be asymptotically equivalent to classical third-order elastic models, such as Eq. (A2), the constants b, c, and d need to be linked through 42,43

$$\lambda(1+3b+d) + \mu(1+2b-c) = 0, (A7)$$

as can be checked easily.

For the material parameters of steel, we use the data collected in Table I, whereas Table II gives the values of the constants a, b, c, d for the rail steel 1 and rail steel 2 specimens.

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